

May 2019

The Holiday Times

Holiday Retirement Home * 30 Sayles Hill Road * Manville * Rhode Island * 02838 * (401)765-1440



Celebrating May

**5/3 Cinco De Mayo
Celebration**

5/5 Park Place Church

5/8 Music W/Bud Pistachio

5/11 Kalifornia Karl

5/12 Happy Mother's Day

5/13-5/17

**National Skilled Nursing Care
Week**

5/19 Music W/Paul Cavit

5/20 Music W/Russ Morency

5/23 Bombshell Betty

5/27 Happy Memorial Day

5/28 Meet Fran Owens

Diane's Desk

We are almost there! Summer is just around the corner and I know many of us have been chomping on the bit, as they say, for the good weather to get here. Chairs and tables are being brought outside and placed around for people to enjoy the nice weather.

Anyhoo, April was a busy month with lots of entertainment and festivities going on. We want to thank everyone who donated to the Alzheimer's fund raiser and much appreciation to the kitchen staff for all their hard work preparing the chowder and clam cakes. Everything was delicious. Once again we will be walking to raise Money for the Alzheimer's Association in September.

We are just about ready for nursing home week which begins May 12 and runs thru till the 18th. Check out the newsletter to see everything we have planned. The theme this year is "Live Soulfully". We have lots of fun things ready to go, starting with a visit from baby farm animals on Monday morning and spa time with Meryl in the afternoon. Tuesday is a painting class in the afternoon. Wednesday big bucks bingo in the morning and the afternoon we are putting together bags of personal hygiene items to be given to New Beginnings, which is a food kitchen in Woonsocket. Thursday is the monthly birthday party with Bob Trembly. And Friday we line dance in the morning and enjoy an ice cream social in the afternoon. That is just some of what's ahead this month. There is more music with Russ Morency, and Bombshell Betty will be performing her patriotic show for us on the 23rd. On the 28th we have a new performer, her name is Fran Owens. She'll be here to regale us with some tunes.

I hope May ushers in a nice warm summer for us to enjoy. Have a great Memorial Day and I'll see you in activities.....

Diane

Road Trip to the Odd and Awesome

May 5–11 is Travel and Tourism Week, and while you could spend all seven days visiting popular destinations such as Niagara Falls, Mount Rushmore, or the Grand Canyon, you could also pile into the car and take the path less traveled to see some of America's odd and awesome roadside attractions.

In Houston, Texas, you'll find the home of John Milkovisch. Back in 1968, he grew tired of mowing the lawn, so he decided to landscape his yard entirely in brick, marbles, concrete, rock, and wood. He didn't stop there: Milkovisch continued to cover his house entirely in siding made from aluminum beer cans. For the next 18 years, he used an estimated 50,000 beer cans to both insulate and decorate his home. The "Beer Can House" is not just a monument to the power of recycling, but it is an artistic center complete with guided tours and a gift shop.

If you're interested in giant-sized sculptures, options abound along America's highways. Thirty-foot-tall dinosaurs loom above Interstate 10 south of Palm Springs, California. An 80-foot-long blue whale rests in a lagoon along Route 66 in Catoosa, Oklahoma. Two giant milk bottles are all that remain of the Benewah Dairy Company of Spokane, Washington. The Longaberger Basket Company of Newark, Ohio, spent \$30 million to build its headquarters in the shape of a seven-story picnic basket with two 150-ton handles. (The Longaberger Company has since vacated the property but the unique building still remains.)

For those with an itch to see the exotic, you can find a replica of the Leaning Tower of Pisa in Niles, Illinois, but it's only half as tall and half as leaning. A small-scale replica of China's Forbidden City exists in Katy, Texas, complete with a miniature army of 6,000 tiny terra-cotta soldiers. You need travel no farther than Lake Havasu City, Arizona, to see the London Bridge. Oil baron Robert McCulloch moved all the pieces of the "fallen down" London Bridge to Arizona and put them together again as a ploy to draw tourists, which it has for almost 50 years.

You're Never Too Old To Tap!



Viking Invasions

From May 16–19, the town of Petersburg in southeast Alaska celebrates its Little Norway Festival. Many of its inhabitants claim Norwegian ancestry, and legend states that in the 19th century, a Norwegian named Peter Buschmann, eyeing nearby Mitkof Island, thought it the perfect place for a salmon cannery. Norwegians have flocked to Petersburg ever since. For the festival, Petersburg's main street, Nordic Drive, is abuzz with all things Norwegian: food, music, crafts, games, and plenty of Vikings. And for those who can't get enough of the Viking spirit, they need only to descend to the lower 48, to the town of Poulsbo in Washington state, for the annual Viking Fest held May 17–19. Visitors will find music, a Viking parade, and doughnut- and lutefisk-eating competitions. Of course, there will be a reading of Norway's Constitution in celebration of Norway's Constitution Day on May 17.



A Scent Is Born

On May 5, 1921, Gabrielle “Coco” Chanel introduced the first modern perfume to the world—her famous Chanel No. 5. It was no mistake that she debuted her fragrance on the fifth day of the fifth month, for the number five had long held special significance to Coco Chanel.



When Chanel was just 12 years old, her mother died of tuberculosis and her father sent her to live in an orphanage under the care of the convent of Aubazine. As Chanel walked the pathways of the convent gardens, she discovered that the stones were laid in groups of five. She constantly passed over these stones while making her way to prayers, and they made a lasting impression. While her childhood was stark and frugal, it was amongst the nuns that Chanel learned to sew, a skill that blossomed into a fabulous career in fashion design. But always, the number five stayed with her.

Fashion houses were not interested in the perfume business, yet Coco Chanel was not interested in following traditions. In 1920, she approached the French-Russian perfumier Ernst Beaux and asked him to “create a scent that would make its wearer smell like a woman, and not a rose.” At the time, most perfumes were simple, often mimicking the scent of one flower. Or else they were gaudy and overpowering with musks and jasmine. Chanel wanted something new.

Beaux concocted several scents and presented bottles labeled 1–5 and 20–24. Chanel, of course, selected the fifth vial and named it, simply and accurately, Chanel No. 5. On the fifth day of the fifth month of the next year, Chanel not only presented her latest fashion collection but also her new fragrance, a delicate mixture of jasmine, ylang-ylang, may rose, and sandalwood. It also contained aldehydes, which are chemicals that create longevity in the scent so that women would not need to constantly reapply the perfume. Chanel No. 5 was an instant hit, and women have worn it ever since.

An Afternoon With Max Sax!



A fun time was had by all when Max Sax stopped by to entertain!



Thank You!



Congratulations and Thank you to our staff for a Deficiency Free State Survey! We appreciate all you do for our residents

LIVE SOULFULLY

National Skilled Nursing Care Week

May 12–18, 2019

ahcancal.org/NSNCW | [#NSNCW](https://twitter.com/NSNCW)

The Holiday Retirement Home is excited to participate in **National Skilled Nursing Care Week (NSNCW)**, formerly known as National Nursing Home Week, on **May 12-18, 2019**.

The NSNCW 2019 theme, “Live Soulfully,” will celebrate skilled nursing centers, and their residents and staff, by showcasing how they achieve happy minds and healthy souls. Established as an annual, week-long observance by the American Health Care Association (AHCA) in 1967, NSNCW provides an opportunity to recognize the role of skilled nursing care centers in caring for America’s seniors and individuals with disabilities.

We decided to use colors to represent things that are good for our souls. Each day has been assigned a color and corresponds with the activities of that day.

Monday-Blue; Tenderness, Tranquility, Unity: We will start the day visiting with baby farm animals followed by a peaceful afternoon spa time with Meryl. Later, we will enjoy the company of one another at the monthly Wine & Cheese Social

Tuesday-Red; Movement, Passion, Energy: Tuesday starts with the excitement of Move & Groove. After lunch, we will express our passions on canvass. That night, we will laugh ourselves silly during Comedy Hour.

Wednesday-Purple; Richness, Religious Devotion, Compassion, Nostalgia: Our search for richness starts this morning during Big Bucks Bingo. After lunch, we will celebrate a Catholic Communion service followed by a chance to give back to the community by putting together toiletry bags for the homeless. That night we’ll go back in time with Kim & Chris as they entertain us with songs from the past.

Thursday-Green; Nature, Birth, Growth: We’ll start Thursday by getting back to nature and planting some flowers to beautify our rooms. At 2:00, we will celebrate our May birthdays with Bob Trembly and at 6:00 we will increase our knowledge during History 101.

Friday-Orange; Action, Celebration, Friendship, Fun: Friday morning we start the day with the excitement of line dancing. After our Annual Staff Cookout, we will finish the week with a **HUGE** Ice Cream Social with **ALL** staff and residents invited to celebrate each other.



We encourage everyone to participate by wearing the daily colors. And be on the lookout for special surprises!

The Big Cheese



Every May a wide field of intrepid contestants converges on Cooper's Hill outside the small village of Gloucester in England. They will throw themselves down the 650-foot hill, risking life and limb, to chase a rolling nine-pound wheel of double Gloucester cheese. This is the extreme sport of cheese rolling.

No one knows how this strange pastime originated. Some say that it came from an ancient pagan rite of spring, where bundles of burning brushwood were rolled down the hillside to represent the rebirth of spring after the dead of winter. After the burning bundle was rolled down the hill, buns, biscuits, and sweets were scattered over the hilltop as an offering to the spirits and to ensure a plentiful harvest. Likewise, no one knows when the rolling bundle of burning sticks became a wheel of cheese. What we do know is that the event was first recorded for posterity in 1826. Notes on that year's cheese rolling were recorded by the town crier, and from those notes, it is understood that even then the event had long been a pastime.

The event is rather simple. Contestants assemble at the top of Cooper's Hill and wait for the master of ceremonies to push the cheese down the slope. A second after the cheese is released, the contestants follow. The first to grab the cheese is the winner. However, the cheese may reach speeds of up to 70 mph, so usually no one catches the cheese. In that case, the first to cross the finish line is declared the winner. As simple as the competition sounds, there is nothing easy about chasing the cheese down the hill. Each year, many people suffer serious injuries. Paramedics wait at the hill's foot, ready to cart the injured off to local hospitals. Chris Anderson, a repeat champion, has suffered bruised kidneys, a concussion, and a torn calf for his victories. In 2013, in an attempt to mitigate the risk, the speeding wheel of cheese was swapped with a foam replica. Not to worry, the grand prize still remains. Winners, of course, get to take home the cheese.

May Birthdays

In astrology, those born May 1–20 are Bulls of Taurus. Bulls are stable, reliable, patient, and determined. They will work hard and finish the job no matter what gets in their way, but they expect to be rewarded! Those born May 21–31 are Gemini's Twins. Twins seem to have two personalities and can blend into any situation. They have an energetic and fun-loving side that is the life of the party but also a deep and emotional side that needs love and nurturing.

Ray Dumas	May 1
Vinnie Minchillo	May 2
Doris Richer	May 5
Anne Richer	May 6
Lucille Joyal	May 8
Charlotte Danis	May 13
Patricia Parenteau	May 13
Robert Gregory	May 15
Stasia Maciejewski	May 20
Lois Lyle	May 28
Mary Viens	May 30



Join Team Holiday as we
Walk To End ALZ!
See a member of the Activity
staff to sign up or donate.



Mother's Day

B G S T Y A Y U F Q H L S Q D
U F N R D L O O R I M Z P D X
F F W I I W R V B E N K E Z O
L V L M R E J U Z U P X C Y M
L R A O V A V I P Q I R I R H
P F F E W B C H J I M B A O A
P E R Y T E X W T N G O L Z C
S M Z S S G R S D U H H M A F
R E H T O M A S K F E D L M U
Q K M L U F A M A M A W O Y Y
Z O O V K C H I L D R E N A Y
B V R A L G U W F K T L Y M C
E M E Q F K I S S E S F V C Z
V R O K F J T R T D O H Z Q X
B A X M U V C B C T B I Y G N

BREAKFAST
FAMILY
HEART
MAMA
MOMMY
UNIQUE

CARING
FLOWERS
KISSES
MAY
MOTHER

CHILDREN
FOREVER
LOVE
MOM
SPECIAL

